

## Helpful Notes

**Covid symptoms:** Please remember to love your neighbour and don't attend if you feel unwell, if you are self-isolating, or are showing Covid symptoms, thank you.

**Track and trace:** As we will be asking people to continue to wear masks when moving around in the building and chairs in the auditorium will be spaced out 2 meters apart, we are no longer required to capture your details for track and trace. If someone was to attend a service with Covid-19, no-one would need to isolate *unless* they weren't wearing a mask *and* had come into close contact (deemed to be 1 meter or less) with the person with Covid-19. If someone subsequently tests positive with Covid-19 after attending Upton Vale, please let us know ([community@uptonvale.org.uk](mailto:community@uptonvale.org.uk) or ring 01803 400403 and leave a message on our answerphone) so we can support and help you with any practicalities you may have. If you are poorly with Covid-19, it is now your responsibility to contact those you've been in close contact with but do get in touch if you need our help.

**Booking your place:** We will continue to run a booking system over the summer for our services so we can monitor capacity however we won't be allocating seats. We'll be suggesting that singles and couples sit downstairs but larger groups use the pews upstairs to maximise our capacity safely. However, if you need to sit downstairs for mobility reasons, please don't hesitate to speak to one of our Welcome Team when you arrive. When booking, please book a seat, or place in one of our groups for children, youth or B2 (friends with learning difficulties), for you and each member of your family who will be attending Upton Vale on Sunday.

**Children's provision for 0-3 years:** There is no supervised crèche, however, you are welcome to visit the Beacon Lounge at any point during the service to nurse your baby or let your toddler play with toys, and a live stream of the service will be available in the room. Please ask one of our Welcome Team to direct you.

**Children's provision for ages 3-11 years:** Please book your child(ren) in for this group which will take place in the Main Hall from the start of the service. All ages will be taught and play together. Please drop them off no earlier than 10.15am and collect them at the end of the service. Entry to the group is only through the outside Main Hall door on Lymington Road side. If your child needs you during the service, the group leaders will text one of our Welcome Team or our Premises Manager, who will come and find you in the auditorium to let you know. Please bring a drink for your child(ren) as we are not able to supply drinks at the moment.

**Youth for aged 11-18 years:** Please book your teenager(s) in for this group which will take place in the Basement from the start of the service. Doors will open at 10.15am.

**B2 (friends with learning difficulties):** Please book your place if you'd like to attend our B2gether group. The group will commence from the start of the service. Please use the Lymington doorway on St Marychurch Road side to access and exit this group. This entrance/exit is wheelchair friendly.

**Adults in the main auditorium:** Doors will be open from 10am, 30 minutes before the service starts.

**Seating:** We will be using a 2-meter distance (plus mask) between people/family groups to minimise close contact. People are infectious 2 days before they have Covid-19 symptoms, and some people are asymptomatic so will not know they are infectious. We want to ensure everyone is kept as safe as possible when visiting our premises.

**Hygiene:** Please use hand sanitiser on entry and exit to the building. We will also have hand sanitiser in the toilets.

**Wheelchair accessible:** Our building and some toilets are wheelchair accessible. Please ask our Welcome Team if you need assistance.

**Masks:** Please wear a mask whilst moving around in our building unless you are exempt from wearing one for health reasons. You can remove your mask when you are seated.

**Singing:** We encourage you to sing!... but ask that you keep your mask on please.

**Filming in the auditorium:** Whilst we will do our utmost to only film those taking part in the service on the stage, for example musicians, hosts, speaker, pray-ers, readers etc, please note that if you step in front of a camera you will be filmed and included in the online service shown on YouTube.

**Stage:** Please note that stage is out of bounds to everyone unless you are taking part in the service or are part of the Technical Team, thank you.

**Toilets:** Our toilets will be open and will have been deep cleaned prior to the service.

**Ventilation:** Please dress appropriately as we are required to have windows and doors open during the service to aid ventilation and reduce the spread of the virus.

**Drinks:** Unfortunately, we are unable to provide drinks at this time. We want you to be comfortable so please feel free to bring your own drink if you wish.

**Offering:** If you wish to make a donation, may we encourage you to give online please at [www.uptonvale.org.uk/giving](http://www.uptonvale.org.uk/giving) There are two boxes at the back of the auditorium if you prefer to give cash or by cheque.

**Exit instructions:** Our service will end at 11.15am. Signage and our Welcome Team will help you exit the building.

**Post-service chat:** We encourage you to chat outside our building or why not arrange to meet up during the week?

If you have any questions, please don't hesitate to contact the Church Office at [community@uptonvale.org.uk](mailto:community@uptonvale.org.uk) or ring 01803 400403 and leave a message on our answerphone.

*Please contact Mat Miller, our Premises Manager ([mat@uptonvale.org.uk](mailto:mat@uptonvale.org.uk)), if you'd like to see a copy of our Covid-19 Policy.*