

National : 24x7 Prayer July 2020



Upton Vale
BAPTIST CHURCH

Introduction

Welcome to the Upton Vale 24x7 Prayer Week. Prayer is a powerful weapon. This is an exciting week and we look forward to the time we will be spending waiting for God to speak to us and bringing our prayers before Him.

- ❖ This prayer guide is provided to assist you during an hour of prayer with a focus on our national response. You can choose to follow this either via video or silently by reading the provided guide as a document.
- ❖ Please feel free to use different bible translations to those provided. You will need access to a bible for some aspects of this prayer guide.
- ❖ You can pause this video at any time to pray, focus or perform an activity.



Verse of the week

Our verse for this week is Micah 6:8.

He has shown you, O man & woman, what is good.
And what does the Lord require of you?

To act justly and to love mercy and to walk humbly
with your God.

[NIV]



Pause (5 mins)

- ❖ “He has shown you, O man & woman, what is good.”
- ❖ Take a few moments now to sit quietly in the Lord’s presence. Allow Him to still your thoughts and remind you of all the good things He has shown you.
- ❖ “As I enter prayer now, I pause to be still: to breathe slowly; to re-centre my scattered senses upon the presence of God.”
- ❖ Pause & Pray.



Rejoice (10 mins)

“He has shown you what is good.....”

Speak this over our nation and thank God for our Christian roots & heritage. Use the words of the following song to help you;



O Taste and See - Shane & Shane

https://youtu.be/iF1_KehCl6I

Licensed to catapultdistribution (on behalf of WellHouse Records); Right Angle Music (publishing), BMI - Broadcast Music Inc., LatinAutor, and 2 Music Rights Societies

Rejoice continued...

- ❖ Read Psalm 23 (aloud if you are able)
- ❖ Spend time praying prayers of rejoicing using the words of the Psalm to help you shape your prayers.



Ask (30 mins)

- ❖ And what does the Lord require of you?
 - ❖ To act justly
- ❖ Pray for local authorities.
- ❖ Pray for our government.
- ❖ Pray for our church leaders across the nation, for CARE (Christian Action Research & Education) and for the Evangelical Alliance.
- ❖ Pray for leaders of other faiths.
- ❖ Pray for charities standing up for the poor and marginalised.
- ❖ Pray for those caught up in modern day slavery in our own nation.



Ask

❖ & to love mercy

- ❖ Ask the Lord what being merciful means, and looks like, in our nation today.
- ❖ Pray for the media.
- ❖ Pray for the government and those in organisational leadership in all sectors as they make decisions in light of COVID-19.



Ask

- ❖ and to walk humbly with your God.
- ❖ Pray particularly for the church across the nation using these verses;

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, ² then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. ³ Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others.

Philippians 2 New International Version - UK (NIVUK)



Yield (10 mins)

- ❖ Spend some moments now bringing all of your thoughts and prayers from this time set apart with the Lord. Leave them as an offering at the foot of the cross and ask Him to underline to you anything that was particularly important from your time together. If this is just for you personally ask the Lord to continue to speak into you. If it has wider implications don't forget to share with the wider church family.
- ❖ Consider ending your time with the Father using the following prayers;
- ❖ Today we stand in the gap for the cities, and peoples of our nation. Raw pain and hopelessness lie underneath the divisions fracturing us. Make us ambassadors of reconciliation and beacons of hope as we walk in Your love and proclaim Your Word. We believe for a fresh outpouring of Your Holy Spirit. Revive Your Church and bring salvation to millions.
- ❖ Lord, empower us to both live and proclaim Your Word. We come before Your throne with one voice, boldly asking for a fresh outpouring of Your Holy Spirit. Lord, please bring REVIVAL to our cities and land.



Thank you for joining us in praying during the Upton Vale 24x7 prayer week.

We pray that you have been blessed during this time and that God's presence is with you via his Holy Spirit.

