

## **60 MINUTE PRAYER GUIDE SATURDAY 25 JULY 2020**

### **YIELDING**

#### **INTRODUCTION: (10 mins)**

You will need to have a bible and a listening ear to hear what God has been saying to you personally and to us as a church during this week of prayer.

In seven short chapters Micah presents this true picture of God;

**“The Almighty God who hates sin but loves the sinner”**

The book of Micah is split into three parts:-

1. The trial of the Capitals (chapters 1 and 2)
2. The trial of the leaders (Chapters 3, 4 and 5)
4. The trial of the people (chapters 6 and 7)

Chapter six is headed “The Lord’s Case against Israel” and it is in this chapter that the key verse of all the book is written, verse 8 and this verse has been the theme of the prayer week. If you read from chapter 6 verses 6 to 8, you will see the various offerings that the people of Israel wanted to bring as an offering but in verse 8 God told them exactly what he wanted from the people of Israel which is the same as what He wants of us today.

Read this verse out loud before pausing to make space for God and consider what he has been saying during this past week.

**“He has shown you, O man what is good and what does the Lord require of you?  
To act justly and to love mercy and to walk humbly with your God”**

**PAUSE:** (5 MINS)

**Pray:**

**Be Still:**

Spend a few minutes in quiet, emptying your mind of everything that would distract from spending time with your Father through Jesus Christ and welcome the Holy Spirit into this time

#### **YIELDING: (35 MINS)**

Take time to look at the feedback from various groups and people as to what God has been saying during the prayer week. This feedback is available on the UV website.

Below are links to two songs which you might find helpful and calming as you come before God.

[Be thou my vision](#)

[I have decided to follow Jesu](#)

- Pray for discernment as to what the Lord is asking of you and of our Church?

- We can all recognise what is good. During this time of Covid 19, we have seen many examples of “Good” not only from Christians but from ordinary people who want to help others. Pray that God will show us what “good” He needs you and the Church to be involved in.
- As we consider acting justly, this may mean sacrifice or discomfort for us. Pray for God’s help as we try and act justly where we are. Pray for any unfair or unjust situations you are aware of and for God’s guidance as to what we can do in that situation.
- Pray for Christians around the world who are being persecuted for their faith in Jesus Christ. For people who are held in prisons for no other reason than they have decided to follow Jesus.
- Pray for our Government and other world leaders that they will see injustice and fight against it. May their decisions be guided by God and be the best for our nation and world.
- As we look at what walking humbly means to us, pray that we will humble ourselves before God as individuals and as a church. Pray that we will have the courage and boldness to walk with God and that others will recognise God with us.

As we yield, or say yes, to God, you may find the following prayers helpful as we try to obey the words in Micah 6 v 8

- We come before you, Lord, crying out in a violent land, crying for peace. Conflict is tearing people apart. Our brothers and sisters suffer around the world. We share their pain. As refugees search for a home in foreign lands, guide them. As world leaders try to dialogue peacefully, give them wisdom. As strangers knock on our doors, help us to welcome them. You are the Almighty, the Prince of Peace! Give us hope for tomorrow. May your peace flow like a river through a dry land. Amen
- Lord, you give us the unwavering call to do justice. You tell us to defend the cause of the fatherless and the widow. To love the foreigner residing among us. To provide for the hungry, thirsty, and naked. To love our enemy. But Lord, it is overwhelming. Do you not know that we are only human? May your Spirit fill us with hope. Remind us that we are good enough for you, so that in all things, we will follow your will, and take up the call to do justice, to love mercy, and to walk humbly with you.
- God of surprises, you call us from the narrowness of our traditions to new ways of being church, from the captivities of our culture to creative witness for justice, from the smallness of our horizons to the bigness of your vision. Clear the way in us, your people, that we might call others to freedom and renewed faith.

As you finish this time of prayer, be still, breathe deeply and thank God for His presence. Release into His hands all that you have prayed in this hour. (10 mins)