# **SUN 26 - 60 MINUTE PRAYER GUIDE:**

## CELEBRATE! WHO GOD IS & HOW HE'S SPOKEN THROUGH THE WEEK

**You'll need:** A Bible, a computer, tablet or smart phone, paper and pen(s)

## **PAUSE:** (5 minutes)

## PRAY

Read Psalm 136, aloud if possible Spend time before God, thanking him that His love never quits in all these circumstances and more.

#### **BE STILL**

Breathe deeply and welcome the Holy Spirit

## **REJOICE:** (10 minutes)

#### LISTEN TO

#### I will wait for you

Read Psalm 130 and respond to what the Lord is saying to you through the words of this Psalm.

## ASK: (35 minutes)

In this section we are going to focus on the key threads that have so far come out of our week of prayer.

In the centre of a piece of paper (at least A4) write out 2 Chronicles 7:14.

Now, draw spokes from that centre to the key words, phrases, bible passages etc that God has highlighted this week; These may be personal or more general for us as a church, a country, or the world at this time.

Here are suggestions for some of the threads you might want to focus on;

- HOPE
- UNITY
- LIFE
- RESTORATION
- LOVE IS STRONGER THAN FEAR

#### BOLDNESS

#### • TRUST

Having prayerfully chosen and written down several key threads for you, spend about 5 mins praying about each thread. Write anything that comes to mind around where you have written that word. (Basically, you are creating a mind map)

For the last 5 minutes lay your 'mind map' before the Lord. Thank him for the truth of His word, for who He is and the things He has reminded you of and spoken to you about in this time, and during this week.

## **YIELD:** (10 minutes)

As we yield, or say yes to God, you may find the following prayer helpful as you ask the Holy Spirit to come and equip you;

May El Shaddai, the Lord God Almighty who loves you protect you. May Jesus Christ, His Son who died for you save you. And may the Holy Spirit who broods over the chaos and fills you with his presence, intercede for you and in you for others at this time. [Response] "The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen." (2 Timothy 4:18)

#### And finally;

Ephesians 3:20-21 New International Version - UK (NIVUK) <sup>20</sup>Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, <sup>21</sup>to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Spend a few moments affirming all that the Lord has been speaking to you about just now and over the past week. Lay your open hands in your lap and ask the Holy Spirit to use you and equip you in His service.

End your hour listening to Come thou Fount