

24-7 PRAYER WEEK – Monday pm & Tuesday

- Without being accused of nepotism 😊 I thought my son's (Tommy's) celebration hour (8-9pm) 🎵🎸👤 was excellent. Just him & his guitar (although not polished and perfect) was heartfelt and real, leading us into a time of praise and reflection. The reading that we were encouraged to meditate on was Isaiah 32:17.... The effect of righteousness will be peace; and the result of righteousness, quietness and trust forever. This to me was very encouraging for the times we are living in at the moment (spending about 5 minutes just contemplating this verse, gave me a sense of security and assurance) Also, the morning reflective hour, lead by Rachel and Ken Singleton, sets the rhythm for the day and reminds us to pray for people we might have forgotten, i.e. care-home owners, funeral directors / workers, refuse collectors, bus drivers, etc. Praise God, it's been excellent 👍🙏
- Just finished my 10-11am 24/7 prayer slot. Although I don't have any particular word or picture for our encouragement, I did cut up 12 pieces of paper (made into loose envelopes) and got a bowl of water. The folded paper (with names written on) did, to my surprise, open when placed upon the water, symbolising (I think 😊) the release of the people into God's care. An enjoyable, if not different, way of praying and contemplating. All this was complemented by the worship from Taize, and other like-minded worship. I actually overran by five minutes at the end!
Blessings 🙏 Tony
- Update from Maria
Praise: last night there were no confirmed Corona cases in ICU.
Prayers: a care home in Torquay have got quite a few confirmed Corona cases. The staff are struggling to care for this very vulnerable group and are needing the support from hospital staff to do so.
Prayers for enough staff and PPE. Thank you, x
- As Jill and I were praying today there seemed a great emphasis on recognising just how much God loves us. We asked God to calm key worker's fears, energise and bear them up, to pray that God push away any debilitating sense of failure and guard their hearts and minds, particularly for those dealing with death in NHS and Care environments.

Earlier this morning I had been reading *Psalm 86*, and some verses now seem very fitting to those prayers echoed by everyone in the 24-7 room today, so share them here:

Verses 5-7:

⁵ You, Lord, are forgiving and good, abounding in love to all who call to you.

⁶ Hear my prayer, Lord; listen to my cry for mercy.

⁷ When I am in distress, I call to you, because you answer me.

Verses 11-13:

¹¹ Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.

¹² I will praise you, Lord my God, with all my heart; I will glorify your name forever.

¹³ For great is your love toward me; you have delivered me from the depths, from the realm of the dead.

Shalom, Colin

Afternoon:

- Psalm 121 was particularly important during this time as group were led to pray against and across fear

Evening:

- Wonderful time of meeting with the Lord and others, led through prayer and music by Matt.
- Key scriptures were Isaiah 41:10, Psalm 91:9-11 (also focused on yesterday morning) and John 16:33.
- Singing 'We are more than conquerors' over all of our key workers and ourselves from our own homes felt quite powerful.